

Association for Persons with Disabilities **Free State**

Newsletter | Issue 9



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An Interview with
Matilda Ngubeni

From Our Side

Fundraising can be both a blessing and a pain. APD is a non-profit organization and we need to raise funds to deliver services to persons with multiple disabilities. This is not an easy task and it also never ends.

With our fundraising projects we endeavour to bring in new supporters and fans for APD. It is tough to keep APD running without a solid base of donors.

That's why APD needs the support of the community in the Free State. As a business you can benefit by becoming a donor. Your contribution can be tax-deductible and you can also fulfil your corporate social responsibility.

You can get involved with projects like the Jean Webber House, the Emelia Day Care Centre, the Kopano Workshop and the Goodwill Coffee Shop.

We would like to invite you to come and visit us and see how beautiful people are living their dream in a disabled body.

For more information contact me on 051 430 2883 or 082 490 6796.

Take care,

Mirinda Kruger
Operational Manager



*Giving is not just about making a donation,
it's about making a difference.*
— Kathy Calvin

Matilda Ngubeni

‘*Wheelchair or no wheelchair; I was going to feel pretty again.*’



One cannot help but notice Matilda’s manicured nails, fancy clothes and well-groomed look when you meet her for the very first time. But underneath that pretty and polished look, lies a story of pain, depression, courage and ultimate victory as she decides to claim back her life. We wanted to know more about her remarkable story.

🎤 **Why are you in a wheelchair?**

28 years ago, while on my way back from Jo’burg to my hometown of New Castle, I got shot in my neck during a taxi rank strike. Many people died that day, but I got to be a quadriplegic for the rest of my life; something that challenged everything I believed in.

Matilda Ngubeni

What happened after the accident?

After six months in hospital I moved to my grandmother in Memel. During the next 5 years I spiraled into depression and lost the will to live. My surroundings and social structure did not allow me to regain control of my life.

How did you end-up at the Jean Webber Home?

A social worker got in touch with me, and arrangements were made for me to transfer to Bloem and join the family at Jean Webber. This is where my new life started!

What do you mean?

Being surrounded by people with disabilities and having a proper support structure, I decided it was time to get the old Matilda back! Wheelchair or no wheelchair; I was going to feel pretty again.

How important is it for you to be stylish and well-groomed?

It's very important for me. Just because I am in a wheelchair doesn't mean that I don't want to be and feel feminine. I want to inspire people and especially young women – when they look at me, I don't want them to only see the wheelchair I am sitting in, I also want them to see the woman and what I have accomplished in life. That is what makes me happy.

What about a gift bag?

What about a gift bag?

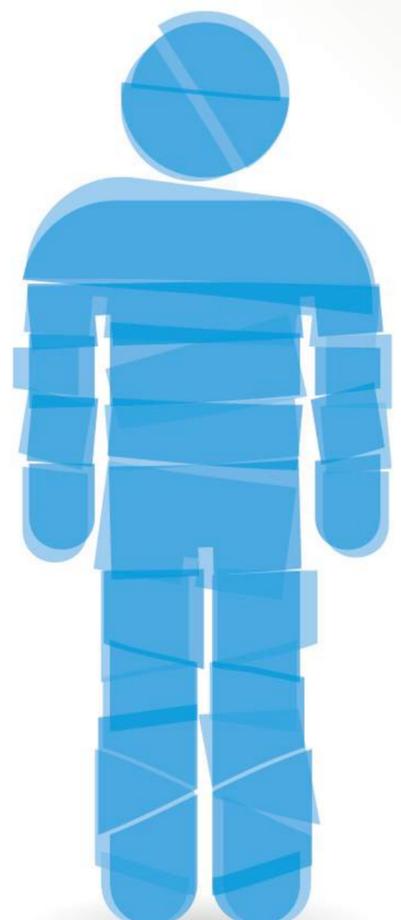
We all enjoy smelling good and enjoy pampering ourselves with fancy products and toiletries we bought at the shop. Yes, whether it's shampoo, toothpaste, deodorant or even more important - blades for shaving or sanitary pads, we realize that these are items we all need to maintain good health and a hygienic lifestyle.

For a few though, this is not a necessity, but unfortunately a luxury. People with disabilities must often use their small government pension to pay for essential services, products or care relating to their disability – leaving little if any money for anything else.

Can you make their day by surprising them with a little gift bag full of toiletries?

Well, they will not only appreciate it tremendously, but they will also feel what it is like to be all spruced-up and smelling good!

If you can help, please contact our office for more information.



How you can help!

How you
can **help!**



The most convenient way to donate on a regular basis is by means of a debit order.

A debit order of R100 a month can make a big difference in the lives of those with disabilities.

By donating to us you can help us to help those with disabilities to reach their full potential and to enable them to live a fulfilling life!

Please get in touch with our finance department at finance@apdfs.co.za to discuss our hassle-free and safe debit order options .



Browsing Market

26 May 2018

08h00 - 12h00

APD will have their next browsing market on Saturday, 26 May 2018, from 08h00 until 12h00.

We will be selling household items, ornaments, paintings and much more at a bargain.

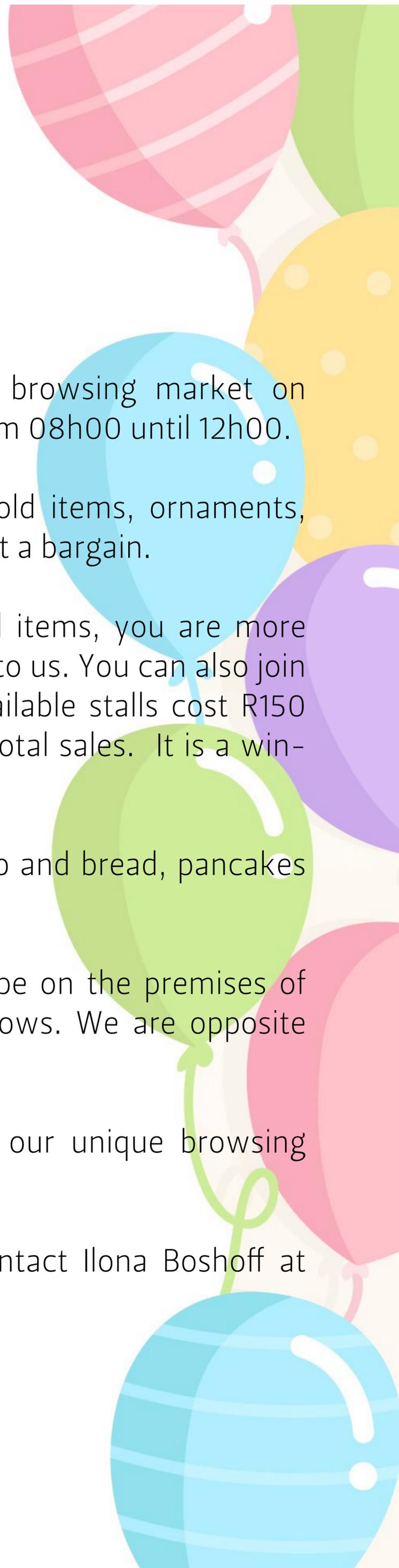
If you have any unwanted items, you are more than welcome to donate it to us. You can also join us and sell it yourself. Available stalls cost R150 per stall and 10% of your total sales. It is a win-win situation.

We will have delicious soup and bread, pancakes and coffee for sale.

The browsing market will be on the premises of APD at 47 Park Road, Willows. We are opposite the Tourism Center.

Please come and support our unique browsing market.

For any queries please contact Ilona Boshoff at 051 430 2883.



Our Sponsors

Thank you to our
sponsors this month!

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Please support us

APD Fundraising

ABSA Bank

Account Nr.: 405 204 5103

Branch Code: 63-2005

Reference: Donation + Name

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